

SENIOR FEMALE ATHLETE OF THE YEAR

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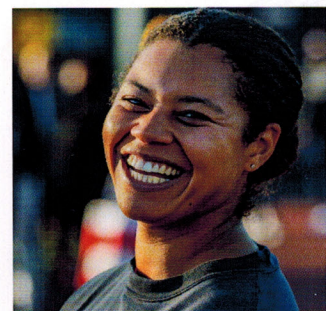
JULIA GROSSO – Soccer

Made Canadian Olympic history in 2021 at the Covid-delayed Tokyo 2020 Games, scoring the winning goal in a penalty shootout against Sweden to give the Canadian women's team the Olympic gold medal. In 2022 the Team Canada midfielder scored three goals and earned the Golden Boot award at the July CONCACAF championships, with Canada earning a silver medal and a spot in the 2023 Women's World Cup in Australia/New Zealand.



CAMRYN ROGERS – Athletics

At age 23, Richmond's Rogers is a rising international star in women's hammer throw. Competing for University of California, Rogers set a Canadian record 77.67 metres at the NCAA Div.1 championships to win her third NCAA title. She also won women's hammer at the national championships and went on to finish second in the event at the World Track and Field Championships, becoming the first Canadian woman to win a world championship medal in a field event.



MARIELLE THOMPSON – Ski Cross

An Olympic gold medallist in 2014, Whistler's Thompson suffered a serious knee injury in 2021 but came back in fine style in the 2021-22 season, highlighted by earning the Ski Cross silver medal at the Winter Olympics in Beijing. In December 2021 in Sweden she earned her 25th career World Cup victory and a month later notched her 50th World Cup podium finish at Nakiska, ending the season third in the World Cup rankings.



AVALON WASTENEYS – Rowing

Formerly a member of the BC cross-country ski team, Wasteneys switched to rowing and wound up on the top of the Olympic podium as she stroked the Canadian women's eight to victory at the Covid-delayed Tokyo 2020 Games held in 2021. In 2022 she was a member of the Canadian women's eight that took silver at a World Cup race in Switzerland and bronze at the world championships. Wasteneys and Ontario's Sydney Payne also teamed up to win the women's pair at the national championships.



MICAH ZANDEE-HART – Ice Hockey

Celebrated not one, but two golden moments in 2022 as a member of the Canadian women's hockey team that won Olympic gold at the Winter Games in Beijing, and the women's world championship later in the year. A blueliner from Saanichton, Zandee-Hart is the first BC female player to make the Team Canada roster. She also contributes her leadership qualities as part of a task force working to recruit and retain female hockey players in the province.

